

## Imperial Valley College Course Syllabus - ATHL 126

FALL 2014 INTERCOLLEGIATE WOMEN'S SOCCER & PE CRN# 10863 ROOM: FIELD TIME: MON-FRI 3:05-5:10 UNITS: 2	INSTRUCTOR: ANGELICA RAMOS CONTACT INFO: <a href="mailto:angelica.ramos@imperial.edu">angelica.ramos@imperial.edu</a> OFFICE: RM# 704 HRS: 2PM-5PM PH: 760 355-6325 EMERGENCY CONTACT: Sandy Noel 760 355-6325
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### COURSE DESCRIPTION:

This course is designated to prepare athletes for intercollegiate and master soccer experience for university level competitions.

### STUDENT LEARNING OUTCOME:

Upon completion, the successful student will have a acquired new skills, knowledge, and/or attitudes as demonstrated by being able to:

1. perform with an increase degree of proficiency the skills and techniques of competitive soccer at college and university level standards (SLO 2, SLO 3)
2. Student will increase improvement of physical conditioning, ball control, dribbling, game awareness, decision making, as well as stamina & endurance (SLO 1, SLO 2).
3. Student would have learned rules, team communications, self discipline, and tactical systems skills (SLO 1)

### COURSE OBJECTIVES:

1. To develop fundamental soccer skills, physical conditioning, and tactical strategies.
2. To understand the basic rules and terminology.
3. To develop and upgrade soccer level for college soccer team.
4. To develop sufficient interest in soccer to continue at university level.

### COURSE OUTLINES:

Week 1 8/18-8/22:	evaluation of students soccer skills and conditioning.
Week 2 8/25-8/29:	physical conditioning.
Week 3, 4 9/2-9/12:	physical conditioning & upgrade soccer skills.
Week 5, 6 9/15-9/26:	physical conditioning, rule interpretation, tactical skills, and soccer scrimmages/games.
Week 7, 8 9/29-10/10:	tactical skills and system implementation.
Week 9, 10 10/13-10/24:	master soccer skills, physical conditioning, tactical strategies for competitive soccer games.
Week 11, 12 10/27-11/7:	master soccer skills, physical conditioning, and offensive & defensive set plays for college soccer games
Week 13, 14 11/10-11/21:	physical conditioning, games, upgrade soccer skills to university level, and tactical skills improvement.
Week 15 12/1-12/5:	interpretation of systems of plays of other colleges and master soccer skills
Week 16 12/8-12/12:	evaluation of student's physical improvement, soccer skills, tactical strategies for a competitive game.

### MATERIAL NEEDED

White/red training shirt with , black/red training shorts, soccer socks, shin guards, and soccer boots. All equipment for class needs to be brought by students. NO street shoes of any kind.

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## GRADING:

Your grade is based in three major requirements:

1. Attendance and class participation is 35% of the grade.
2. Soccer skills and conditioning improvement is 35% of the grade.
3. Discipline in class and sportsmanship in scrimmages/games is 30% of the grade

The grading scale is as follows:

<b>90-100%</b>	<b>A</b>
<b>80-89%</b>	<b>B</b>
<b>70-79%</b>	<b>C</b>
<b>60-69%</b>	<b>D</b>
<b>59% &amp; below</b>	<b>F</b>

## ATTENDANCE:

A student who fails to attend the first meeting of a class does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as "excused" absences.

## CLASSROOM ETIQUETTE:

Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor. No music devices during training.

Food and Drinks: Food is prohibited during class. Hydrating liquids must be in plastic bottles or drink ware containers. Do not leave trash on the pitch.

Disruptive Students: Students who disrupt or interfere with a class may be sent out for the day and told to meet with the Campus Disciplinary Officer.

Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

## STUDENT COUNSELING AND HEALTH SERVICES:

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a full-time mental health counselor. For information visit the school website or the Health Center which is located in the Health Science building in Room 2109, telephone 760 355-6310.

## STUDENT RIGHTS AND RESPONSIBILITIES:

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available at the school website.