

Introduction to Psychology

Spring 2014

Course Title: Introduction to Psychology
Course Number: 20457 (Psy 101)
Semester Units: 3
Day and Time: W, 6:30PM—9:40PM
Instructor: Timothy Druihet
Office Hours: By appointment
Phone: 760-222-5410
E-mail: timdruihet@gmail.com
Required Text: Myers, David G. Exploring Psychology, 2014.
9th Edition, New York: Worth Publishers.

Course Description:

This course is designed to introduce you to the main concepts and theories of psychology. We will examine psychology as both a science and an applied discipline. Topics to be covered include research methods, physiological, developmental, states of consciousness, learning, emotions, stress and health, personality, abnormal and social psychology.

Course objectives:

The objectives of this course are: **1)** To critically think about and gain knowledge of the main theories and concepts of each sub-field of psychology; and **2)** To leave this course with a basic understanding of psychology, not only in the academic sense, but also an understanding of the everyday or practical nature of psychology.

Course Format:

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual projects, quizzes, and exams.

Course Requirements:

Attendance and Class Participation. You are expected to attend class and stay for the whole period. **Attendance will be taken by the instructor.** You will be expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me **before** class to let me know. You may be dropped from class if you are absent consecutively for the equivalent of one week of instruction, but **DO NOT** rely on the instructor dropping you. If you want to drop the class, it is your responsibility to fill out the proper paperwork with the admissions office.

Thought Papers. There will be three (3) **1-3** page thought papers due at various times during the semester. Thought papers should address ideas and concepts regarding psychology from the course text, class discussion, magazine and internet articles, research journals, and/or life experience. Thought papers need to be written from **your** point of view. Each thought paper will be worth 25 points. More information will be provided about these papers throughout the course. **No late thought papers will be accepted.**

Group Work- There will be two (2) in class, take home or group work assignments given throughout the semester. More information will be provided about these assignments at a later date. Each assignment will be worth 25 points.

Exams. Four (4) exams will be given. Exams will consist of multiple choice questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me **PRIOR** to the exam to discuss why you may not be able to take the exam. Make-up exams will be discussed on an individual basis. Each exam will be worth 100 points. **You must bring a #2 pencil and a Scantron form to each examination.**

Student Learning Objective. In order to demonstrate your comprehension of introductory psychology you will be required to identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Grading System:

90-100% = A	Exams	4@	100 pts.	400 pts
80-89% = B	Papers	3@	25 pts.	75 pts
70-79% = C	Group Work	2@	25 pts.	50 pts.
60-69% = D	Participation		25 pts	25 pts.
0-59% = F				

TOTAL: 550 pts.

Special Accommodation:

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs and Services at (760) 355-6312.

Academic Dishonesty:

Please read and understand this section fully. Academic dishonesty (cheating) of any type will not be tolerated in my classroom. If a student is caught committing any type of academic dishonesty he or she will be given an F in this class and will be reported to the administration office for further handling of the matter.

COURSE SCHEDULE

TOPIC		READING ASSIGNMENT
01/22/14	Course Introduction and Overview	
01/29/14	Thinking Critically With Psychological Science	Chapter 1
02/05/14	The Biology of Behavior	Chapter 2
02/12/14	Developing Through the Life Span	Chapter 4
02/19/14	Exam #1 & Thought Paper #1 Due	
02/26/14	Consciousness and the Two-Track Mind	Chapter 3
03/05/14	Sensation and Perception	Chapter 6
03/12/14	Learning	Chapter 7
03/19/14	Exam #2 & Thought Paper #2 Due	
03/26/14	Stress, Health, and Human Flourishing	Chapter 11
04/02/14	Personality	Chapter 12
04/09/14	Psychological Disorders	Chapter 14
04/16/14	Exam #3 & Thought Paper #3 Due	
04/23/14	Spring Recess. No class.	
04/30/14	Therapy	Chapter 15
05/07/14	Social Psychology	Chapter 13
05/14/14	Final Exam	

This instructor reserves the right to make announced modifications to this course outline.