

PSYCHOLOGY 101
Spring 2014
INTRODUCTION TO PSYCHOLOGY

Professor: Robin Staton

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Office Hours: M 9:15-10:15; MW&TH-9:45-10:15; TW&TH 1:00-1:30

Appointments by Request

COURSE DESCRIPTION:

Twelfth grade reading level highly recommended. This is an introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes.

TOPICS:

- Human Behavior
- Psychology as a Science
- Biological Response System and Behavior
- Consciousness/Sleep/Psychoactive Substances
- Human Growth and Development - Effect on Behavior
- Learning, Perception, and Processing
- Theories of Personality
- Abnormal Behavior and Treatment Modalities
- Social Affects on Individual Human Behavior
- Practical Applications of Psychology

STUDENT LEARNING OUTCOME: In order to demonstrate your comprehension of introductory psychology you will be required to identify major psychological disorders, key symptoms, and the main strategies used for treatment.

TEXTBOOK: Myers. Exploring Psychology, 9th ed.

GRADES WILL BE CALCULATED ON A POINT BASIS:

-15 Pts. - Class Participation	90 - 100 Pts. = A
-10 Pts. - Written Report	80 - 89 Pts. = B
-35 Pts. - Final	70 - 79 Pts. = C
-40 Pts. - Tests	60 - 69 Pts. = D
100 Pts. Possible	59 Pts. & Below = F

ADDITIONAL INFORMATION:

Conduct:

All persons must respect other students' rights and conduct themselves in an appropriate manor. Since much of psychology includes personal information use of tape recorders must be approved by the instructor.

Attendance:

Students are expected to attend each class lecture as scheduled and remain present for the duration of the classroom session. Attendance is crucial and highly recommended, as it counts for 15% toward your final grade. Students missing more than 3 hours worth of class may be dropped. Any student arriving late more than 3 times will be marked with one absence.

Attendance (Continued)

Allowances of absence from quizzes may be made by the instructor on a "case-by-case" basis for special circumstances (i.e.: medical necessity, family/personal tragedy). Should a student be absent from a test, proper notification to the instructor need be made via phone and email. Instructor must be contacted prior to missing an exam except in a documented emergency situation. It is the responsibility of the individual student to obtain class materials, handouts, and/or notes given during their absence. It is the responsibility of the individual student to complete and submit the required administrative forms for withdrawing from this course. No one is allowed to leave the room during tests (bathroom and cigarette breaks are prohibited while testing). **You must arrive on time for the quizzes/tests or you will not be allowed in the classroom after a test has started. You must be prepared with pencils and scantrons as required.**

Classroom Disturbances:

Students are encouraged to participate in class, however, individual talking to your neighboring students in class discussion is a disruption to the entire class. **Please turn off mechanical devices including cell phones, pagers and iPods before coming to lecture. Students who do not comply will be asked to leave. This classroom is a GADGET FREE ZONE.**

DSP&S Statement:

Any student with a documented disability who may need educational accommodation should notify the instructor or the Disabled Student Program Services (DSP&S) office at the Mel Wendrick Access Center as soon as possible.

Mel Wendrick Access Center
DSP&S
Room 2117
Health Sciences Building
(760) 355-6312

Cheating Policy:

Students caught cheating or attempting to cheat on quizzes or exams will be given a zero for that exam or quiz. The student may also be referred to the Associate Dean for Student Affairs for possible further discipline. Cheating includes but is not limited to looking at another student's papers, speaking out answers or questions, the use of open books or notes, use of cell phones, finger spelling in sign language or by notes written on the skin. Baseball caps and hats may not be worn during quizzes or tests. **Plagiarism will not be tolerated. Do not use iPods or such music-providing devices during lecture or tests. All purses, backpacks, notebooks must be shut, zipped and under desks during quizzes.**

Class Schedule

The following class schedule may be subject to change. Please read the designated chapters and be prepared for class lecture and discussion.

Wk 1- Introduction; Multi Intelligences; Learning Styles; **Chap 1**

Wk 2- Chap 2; Neuron Activity Group Work

- Brain Nervous System; Film; **Neuron Quiz**

Wk 3-Chap 5 Development- *Miracle of Life Film*

- Development through Lifespan; Birthing Information and Discussion

- Parenting Discussion; **Development Quiz**

Wk 4- Chap 3 Consciousness Film- Sleep; Sleep Disorders

- Substance Abuse and Addiction

WK 5- Chap 3 Quiz ; Chap 13 Mental health disorders ;

Wk 6- Film

Wk 7-Chapter 11 Stress Related disorders and Relaxation;

Wk 8- Film

Wk 9- Chap 6 Sensation and Perception

Wk 10- Sensation and Perception Quiz; Film

Wk 11-Chap 7 Learning; Film and Activities

Wk 12-Chap 7 Test; Film

Wk 13- Papers Due; **Mental Health Disorders and Treatment**

Wk 14-Spring Break

Wk-15- Treatment Theories & Prep for Final

Wk 16-Final