



# IMPERIAL VALLEY COLLEGE

## EXERCISE SCIENCE, WELLNESS & SPORTS

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INTERCOLLEGIATE BASKETBALL, ATHL 158 CRN 20367

INSTRUCTOR: Donnye D. Ross

OFFICE: 758 (Hours-By appt only)

Credit Units: 1

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### **I. Course Description:**

This course is designed for those students of advanced ability in basketball skills who have an interest in playing competitive basketball at the college level. Instruction will cover the development of fundamental offensive and defensive skills with an emphasis on advanced techniques, strategies, physical training, and team preparation.

### **II. Student Learning Outcomes:**

1. Perform, with an increasing degree of proficiency, the skills, techniques, and strategies of competitive intercollegiate basketball
2. Improve cardiovascular and muscular fitness

### **III. Course Outline:**

Week 1	Defensive & Offensive Skills Evaluation
Weeks 2 through 16	Intrasquad scrimmage

### **IV. Material Needed:**

1. Shorts and T-shirt

2. Socks & Basketball Shoes

### **V. Grading:**

A. The final grade will be based on total points accumulated as follows:

1. Participation = 90 points
2. Final Exam = 10 points  
100 points

B. Grading Scale

100 - 90% = A
89 - 80% = B
79 - 70% = C
69 - 60% = D

**VI. Attendance Policy:** No more than two absences permitted; a third absence can cause you to be dropped from the class. Three tardies will be equivalent to one absence. 3. Any sign of plagiarism will result in action by the Imperial Valley College.

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible: DSP&S, Room 2117, Health Sciences Building (760) 355-6312.