

# INTRODUCTION TO PSYCHOLOGY

## Fall 2013

|                        |   |
|------------------------|---|
| <b>Course Title:</b>   | Introduction to Psychology  |
| <b>Course Number:</b>  | Psychology 101  |
| <b>Semester Units:</b> | 3   |
| <b>Instructor:</b>     | DianaMelissa N. Barrios   |
| <b>Classroom:</b>      | <b>Rm # 412</b>   |
| <b>Office Hours:</b>   | Scheduled by appointment  |
| <b>E-mail:</b>         | diana.barrios@imperial.edu  |
| <b>Required Text:</b>  | Meyers, David G. Exploring Psychology, 2014<br>9th Edition, New York: Worth Publishers. |

### Course Description:

This course is designed to introduce you to the main concepts and theories of psychology. This course surveys psychology as both a science and an applied discipline. Topics to be covered include research methods, physiological, developmental, states of consciousness, learning, emotions, stress and health, personality, abnormal and social psychology.

### Course Objective:

The objectives of this course are:

- 1. To critically think about and gain knowledge of the main theories and concepts of each sub-field of psychology.*
- 2. To leave this course with a basic understanding of psychology, not only in the academic sense, but also an understanding of the everyday or practical nature of psychology.*

### Course Format:

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual's projects and performance of quizzes and exams.

### Course Requirements:

**Attendance and Class Participation.** You are expected to attend class and stay for the whole period. **Attendance will be taken by the instructor.** Any student who misses the first class will be dropped. Students may be dropped at instructor discretion if they miss more than a week of class hours continuously but **DO NOT** count on the instructor dropping you. If you want to drop the class it is **YOUR** responsibility. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me before class to let me know. In addition, unless you have made prior arrangements with the instructor, leaving during the class period or while watching a movie

will be counted as an absence. **If you get up and leave during class, please do not return.** Coming in and out is disruptive to the other students as well as myself.

### **Projects/Thought Paper:**

There will be three (3) thought papers due at various times during the semester. These are essays of 1-2 pages, which will be based on articles regarding psychology and everyday life. **Late papers will not be accepted.** Further information regarding these thought papers will be given at a later date.

### **Quizzes:**

Five (5) random quizzes will be given during the semester. **No make-up quizzes will be given.** Each quiz will be worth 10 points.

### **Exams:**

Five (5) exams will be given. Exams will consist of multiple choice; fill in the blank, short answer and essay questions from the textbook, lectures, and videos. **Please note No make-up exams will be given at all during the semester (unless proof of medical emergency is provided).** Each exam will be worth 100 points. **Please make sure to bring a #2 pencil as well as a scantron to each examination. Also, no cell phones, texts, or emails should be answered during class or EXAMINATIONS.**

### **Student Learning Outcome Project:**

In order to demonstrate your comprehension of introductory psychology you will be required to identify major psychological disorders, key symptoms, and the main strategies used for treatment.

### **Grading System:**

|             |               |    |          |         |
|-------------|---------------|----|----------|---------|
| 90-100% = A | Exams         | 5@ | 100 pts. | 500pts. |
| 80-89% = B  | Quizzes       | 5@ | 10 pts.  | 50pts.  |
| 70-79% = C  | Projects      | 3@ | 25 pts.  | 75pts.  |
| 60-69% = D  | SLO Project   | 1@ | 75 pts.  | 75pts.  |
| 0-59% = F   | Participation |    | 100 pts. | 100pts. |

**TOTAL= 800 pts.**

### **Special Accommodation:**

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSPS&S) office as soon as possible. Visit or call DSP& S, Mel Wendrick Access Center, Room 211, (760) 355-6312.

### **Academic Dishonesty:**

IVC expects honesty and integrity from all students. Students caught cheating or attempting to cheat on quizzes, exams or assignments will be given a 0 for the assignment and will be sent to Disciplinary

Officer Sergio Lopez. A second occurrence of cheating or plagiarism may result in dismissal from class and expulsion from IVC as outlined in the General Catalog.

## TENTATIVE COURSE SCHEDULE

| DATE               | TOPIC  | READING ASSIGNMENT   |
|--------------------|--|----------------------|
| August 20          | Introduction to Class                          |                      |
| August 22 & 27     | Thinking Critically with Psychological Science | Chapter 1            |
| August 29          | The Biology of Behavior                        | Chapter 2            |
| September 3        | The Biology of Behavior                        | Chapter 2            |
| <b>September 5</b> | <b>Exam # 1</b>                                | <b>CH. 2</b>         |
| September 10 & 12  | Consciousness & The Two Track Mind             | Chapter 3            |
| September 17       | <b>Exam #2 &amp; Thought Paper #1 Due</b>      | <b>CH 1&amp;3</b>    |
| September 19 & 24  | Developing Through the Life Span               | Chapter 4            |
| September 26       | Gender and Sexuality                           | Chapter 5            |
| October 1          | Gender and Sexuality                           | Chapter 5            |
| October 3 & 8      | Sensation and Perception                       | Chapter 6            |
| <b>October 10</b>  | <b>Exam # 3 &amp; Thought Paper #2 Due</b>     | <b>Ch. 4-6</b>       |
| October 15 & 17    | Learning                                       | Chapter 7            |
| October 22 & 24    | Personality                                    | Chapter 12           |
| October 29 & 31    | Stress, Health and Human Flourishing           | Chapter 11           |
| <b>November 5</b>  | <b>Exam # 4</b>                                | <b>Ch. 7, 11, 12</b> |
| November 7 & 12    | Psychological Disorders                        | Chapter 14           |
| November 14 & 19   | Therapy  | Chapter 15           |
| <b>November 21</b> | <b>Project Presentation</b>                    | <b>SLO</b>           |
| November 26        | Social Psychology                              | Chapter 13           |
| December 2         | Social Psychology                              | Chapter 13           |
| <b>December 5</b>  | <b>FINAL EXAM &amp; Thought Paper #3 Due</b>   | <b>Ch. 13-15</b>     |

**This instructor reserves the right to make announced modifications to this course outline.**