

INTERCOLLEGIATE SOCCER & PE 152
CRN: 10145 **FALL 2013**

INSTRUCTOR: RAFAEL CONTRERAS **OFFICE: 704 (DAILY 2:00-5:00PM)**
PHONE: (760) 355-6325

CLASS DAYS & TIMES: DAILY: 2:35-4:35PM **CLASSROOM: SOCCER FLD**

CREDIT UNITS: 2

REQUIRE TEXT: JOSEPH A. LUXBAAHER, "Soccer: Steps to Success"

I. COURSE DESCRIPTION:

This course is designated to prepare athletes for intercollegiate competition and master soccer experience for university level competition.

II. COURSE OBJECTIVES:

1. To develop fundamental soccer skills, physical conditioning, and tactical strategies.
2. To understand the basic rules and terminology.
3. To develop and upgrade soccer team level for state play-offs.
4. To develop sufficient interest in soccer to continue at university level.

III. COURSE OUTLINE:

Week 1: tryouts
Week 2: physical conditioning & upgrade soccer skills.
Week 3 & 4: physical conditioning, rule interpretation, tactical skills, and preseason games.
Week 5-18: conference game competition, master soccer skills, physical conditioning, and tactical strategies for each game.

IV. PROPER DRESS:

Proper dress for class and games includes:

1. T-Shirt, game jersey, traveling shirt, warm-ups, etc.
2. Soccer shorts, game shorts, sweat pants, game socks, shin guards, soccer shoes.
3. All game equipment is provided by the athletic trainer. **NO** street shoes of any kind will be allowed.

V. GRADING:

Your grade is based in three major requirements:

1. Attendance and class participation is (35) percent of the grade.
2. Soccer skill improvement is (35) percent of the grade.
3. Discipline in class and sportsmanship in games is (30) percent of the grade.

The grading scale is as follows:

90-100%	A
80-89%	B
70-78%	C
60-69%	D
59% & below	F

VI. ATTENDANCE POLICY:

You are allowed two absences. If you are absent a third time, you will be dropped from the class.

Three tardiness to class equals one absence.

- V11. Student Learning Outcome: Upon completion, the successful student will have acquired new skills, knowledge, and/or attitudes as demonstrated by being able to:

Any student with a documented disability who may need educational accommodations should notified the instructor or the Disabled Student Program and Services (DSP & S) office as soon as possible.

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1. perform with an increase degree of proficiency the skills and techniques of competitive soccer at college and university level standards (SLO 2, SLO 3).
2. Student will increase improvement of physical conditioning, ball control, dribbling, game awareness, decision making, as well as stamina & endurance (SLO 1, SLO 2).
3. Student would have learned rules, team communications, self discipline, and tactical systems skills (SLO 1)

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