Nursing 225: Psychiatric & Mental Health Nursing Applications
Instructor Diedre Pollock
Course Description:
This course provides the clinical application of theoretical concepts taught in Psychiatric and Mental Health Nursing. Emphasis is on the nursing process, communication, psychopathology, and the principles of psychiatric/mental health nursing, in a variety of clinical settings.

Prerequisites, if any:
NURS 125   Nursing Process & Application II
NURS 121   Nursing Skills Lab II
NURS 123   Pharmacology II

Co-requisites, if any:
NURS 231   Nursing Process and Application III
NURS 211   Nursing Skill Lab III
NURS 224   Psychiatric & Mental Health Nursing

Course Requirements:
A.   Hours**: 54 Lab hours

B.   Assignments: Refer to clinical objectives 1-9

C.   **Methods of Evaluation:**
   - Class Activity
   - Essay
   - Quizzes
   - Mid-term/final exams
   - Course Objectives
   - Oral assignments
   - Problem solving exercise
   - Skill demonstration
   - Written Assignments

D. **Attendance:**
   According to Imperial Valley College catalog: attendance is expected of all students enrolled and will be considered when computing grades. A student may be excluded from further attendance in a class during any semester when absences have exceeded the number of hours that the class meets per week configured as if the class hours were spread over the semester. Further, the instructor can request a student be removed from class if the student is judged to be a disturbing element in the class.

In addition, the attendance policy of the Nursing Program includes but is not limited to the following:

1. A student who exceeds the maximum allowable number of hours absent must file a petition to remain in the nursing program. The student will meet with the program team to discuss the situation and consideration for dismissal
2. If remediation is considered, additional study assignments will be based upon the classroom objectives as determined by the instructor
3. Students who are late to class 3 times in any nursing course will be considered absent for one day.
4. It is the student's responsibility to check on announcements any time absent or tardy
5. It is the student's responsibility to drop the class through Webstar before the drop date if they do not intend to continue in the class. Failure to drop the class by the drop date will result in possible failure of the class.

E. **Methods of Instruction:**

- Audio Visual
- Computer Assisted Instruction
- Lab Activity
- Discussion
- Skill Demonstration
- Group Activity
- Individual Assistance
- Lecture
- Simulation/Case study

Grading

Students must maintain a "C" average grade as determined by the scale below:

A = 92-100%
B = 83-91 %
C = 75-82%
D = 68-74%
F = Below 68%

Clinical Objectives:
1. Compare your feelings about psychiatric/mental health nursing in different settings
2. Verbalize safety/security measures used at the facility.
3. Apply the five axes of the DMS IV to a client in a mental health facility.
4. Evaluate the signs and symptoms of clients with psychiatric disorders.
5. Evaluate the nursing process in situations involving clients with psychiatric/mental health diagnosis.
6. Identify the social structure of the clinical setting for the purpose of assisting the client to take advantage of the therapeutic possibilities.
7. Participate in the hospital admission and discharge procedures for a client with a psychotic disorder.
8. Formulate care plans relevant for clients with a variety of psychiatric diagnosis.

Student Learning Outcome:
1. Asses a set of clinical data, formulate a nursing diagnosis, implement a plan, and evaluate outcome of the action plan.

Textbooks: Videbeck, <u>Psychiatric Mental Health Nursing w/CD</u>, 5th Ed, 2011
Wolters, Kluwer, Lippincott Williams & Wilkins ISBN: 9781605478616