

Imperial Valley College  
Division of Nursing and Health Technologies  
**Nursing 224**  
**Psychiatric Nursing**

**I. Course Description:**

This course provides the theoretical principles and science-based knowledge for the application of the nursing process to the care of clients with existing and potential pathophysiology and psychopathological problems relating to mental health and the individual's response to stressors and crises. Using the QSEN competencies, this course builds upon the fundamental concepts introduced in prior courses with a focus on health issues across the lifespan. Throughout the course, cultural, social, age related, legal and ethical attitudes toward behaviors which deviate from accepted norms are discussed. The promotion of mental health through primary prevention, intervention in maladaptive disorders, and rehabilitation of chronic disorders is presented in concurrent classroom and clinical settings.

**II. A. Prerequisites, if any:**

NURS 121

NURS 125

NURS 123

**B. Co-requisites, if any:**

NURS 231

NURS 211

NURS 225

**III. Learning Objectives:**

Upon satisfactory completion of the course, students will be able to: 1. Compare and contrast the cultural, emotional, socio-economic, and physical factors that affect or detract from the nurse client relationship and therapeutic communication 2. Identify legal and ethical issues in mental health and psychiatric nursing 3. Discuss the five axis of the DSM IV evaluation system for classification of mental health disorders 4. Utilize the nursing process in situations involving patients with psychiatric/mental health diagnoses 5. Discuss treatment modalities, nursing interventions, or strategies for patients demonstrating various types of emotional, mood, dissociative, personality, psychiatric disorders or other conditions for clients in selected mental health facilities

6. Identify the commonly used psychopharmacological agents for treatment of clients in mental health facilities 7. Identify the psychological and physiological factors which cause behaviors to be considered abnormal by most of society 8. Describe various types of emotional, mood, dissociative, personality, and/or psychiatric disorders and identify the symptomatology associated with each and the changes noted with age 9. Describe the nursing assessment, intervention, and prevention of violent and potentially violent families 10. Describe how age and attitudes about age influence mental health and the mental illness

#### **IV. Course Requirements:**

##### **A. Hours**

Psychiatric Nursing, NS224 is a 2 unit course. Clinical related to this course is found in NS225.

##### **B. Assignments:**

Reading, CD/video, and writing assignments are required. Students will be expected to read, understand, and critique information from college level textbooks, nursing journals, or equivalent. The reading list may include texts used in prior nursing courses and those required of this course (see text book list). Additional reading assignments will be required to supplement textbook material. Writing assignments will reflect the objectives listed and may include, but not be limited to, short essays, posters, and/or professional papers. Outside assignments including but not limited to nursing lectures, independent exercises, and learning center activities may be assigned and are required.

Plagiarism and cheating policies noted in the student handbook and IVC policies will be strictly enforced. It is recommended that you visit the college library to become acquainted with research tools available to you.

##### **C. Methods of Evaluation:**

Students must maintain a "C" average grade as determined by the scale below:

A = 92-100%

B = 83-91%

C = 75-82%

D = 68-74%

F = Below 68%

Grades will not be "rounded". To advance to the next semester, a "C" or better is required in this course and the co-requisite courses.

The following must be attained to successfully pass this course:

- A. Final Theory Exam score must be passed at a 75%.
- B. Attendance requirements as noted below must be met.
- C. Appropriate participation in class.
- D. Grade shall be a minimum of 75%.

Testing will include no more than 6 examinations in addition to possible written, demonstration, and oral assignments, and a final examination. Pop quizzes may be included. THERE WILL BE NO MAKE-UPS FOR TESTS OR QUIZZES MISSED DUE TO ABSENCE.

Schedule and total points available may change at the discretion of the instructors, taking into account the progress of students with the materials.

ATI testing on Psychiatric nursing is a part of the theory graded section of the NS224 course. Two testing times will be available with ATI grading as follows: <Level 1: 68%, Level 1: 75%, Level 2: 83%, and Level 3: 92%. The higher score of the two tests will be awarded. The first test is a requirement of the course; the second test is optional.

Absenteeism and/or tardiness beyond the maximum allowed will result in being dropped from NS224. This will result in a "W" grade if before the drop date and "F" if after that date. You are responsible for withdrawing (W) from the class before the deadline as outlined on your registration forms. Failure to pass this class will affect your ability to progress to the next semester. Students failing or withdrawing must complete a Petition to Re-Enter.

**D. Attendance:**

It is the responsibility of each student to attend all classroom hours and to contact the faculty person before the start of class of any need to be excused from class. Students are expected to attend all classes. **Absences are limited to the equivalent number of hours that the class meets in one week.** A student who reaches the maximum allowable hours of absenteeism or tardiness may be dropped by the instructor.

Acceptance of absenteeism excuses is at the discretion of the faculty member and may result in failure of the class. A student who reaches the maximum allowable number of hours absent and is not allowed to continue may file a petition to reenter the nursing program. The teaching team will meet with the student to discuss remediation and the possibility of reentry.

Students who are late for class three times will be considered absent for one day.

## **V. Methods of Instruction**

The appropriate method of instruction will be determined by each instructor and may include, but not be limited to the following: classroom lecture, small group discussions, student presentations, demonstration, simulations, CD or online assisted instruction, audiovisuals, textbooks, handouts, and required reading and assignments.

At all times, every person will be respected within the group and it is expected that all interactions between students, faculty, and other staff will take place professionally and courteously.

## **VI. Student Learning Outcomes**

Upon completion of this course, the student will be able to:

1. Determine actual and potential psychiatric problems and appropriate nursing responses to restore and promote health.
2. Identify the commonly used psychopharmacological agents for treatment of clients in mental health facilities and nursing measures needed when administering these treatments.

## **VII. Disabilities**

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible.

DSP&S

Health Science Building, Room 2117

355-6312

## **VIII. Textbooks:**

Videbeck, Sheila (2011). *Psychiatric-Mental Health Nursing with CD & Access Code* (5/e).

Wolters, Kluwer, Lippincott Williams & Wilkins. ISBN: 9781605478616

ATI Mental-Health Nursing Content Mastery Series Review Module, RN Edition 7.0

Imperial Valley College  
Division of Health and Public Safety  
Spring Semester 2013

**Nursing 224 Psychiatric Nursing Schedule (tentative)**

| DATE | DAY  | TIME      | DESCRIPTION  | INSTR | ASSIGNMENT  | ROOM |
|------|------|-----------|--|-------|---|------|
| 1/16 | Wed  | 1200-1330 | Orientation<br>Intro to Psych Nsg  | Davis | V: Ch 1<br>(ATI: Ch 1)  |      |
| 1/17 | Thu  | 0805-1330 | Psych Sx, Coping<br>Mechanisms, Anger<br>Management  | Deol  | V: Ch 4, 7, 9, 10<br>(ATI: Ch 6, 2, 27, 29)   |      |
| 1/23 | Wed  | 1200-1330 | <b>Quiz #1</b><br><br>Therapeutic<br>Communication<br>Psych Concepts,<br>Psychotropic Meds,<br>Therapeutic<br>Modalities | Deol  | <b>Quiz #1:</b> V: Ch 1, 4, 7, 9, 10 and ATI<br><br>V: Ch 2, 3, 5, 6, 8<br>(ATI: Ch 19-24, 7, 8, 5, 3, 1) |      |
| 1/24 | Thur | 0805-1330 | Therapeutic<br>Communication<br>Psych Concepts,<br>Psychotropic Meds,<br>Therapeutic<br>Modalities                       | Deol  | V: Ch 2, 3, 5, 6, 8<br>(ATI: Ch 19-24, 7, 8, 5, 3, 1)   |      |
| 1/30 | Wed  | 1200-1330 | Finish previous<br>topics<br><br>Anxiety Disorders<br>Personality Disorders  | Deol  | Finish previous topics<br><br>V: Ch 13, 16<br>(ATI: Ch 11, 13, 15, 19)                                    |      |
| 2/6  | Wed  | 1200-1330 | <b>Quiz #2</b><br><br>Anxiety Disorders<br>Personality Disorders   | Deol  | <b>Quiz #2:</b> V: Ch 2, 3, 5, 6, 8 and ATI<br><br>V: Ch 13, 16   |      |
| 2/13 | Wed  | 1200-1330 | Somatoform<br>Disorders, Cognitive<br>Disorders  | Deol  | V: Ch 19, 21<br>(ATI: Ch 21)  |      |
| 2/20 | Wed  | 1200-1330 | <b>Quiz #3</b><br><br>Psychotic Disorders<br>Schizophrenia, Mood<br>Disorders, Suicide                                   | Deol  | <b>Quiz #3: V:</b> Ch 13, 16, 19, 21 and<br>ATI<br><br>V: Ch 14-15<br>(ATI: Ch 12-14, 20-22)              |      |
| 2/27 | Wed  | 1200-1330 | Psychotic Disorders<br>Schizophrenia, Mood<br>Disorders, Suicide   | Deol  | V: Ch 14-15   |      |



|      |     |           |   |      |   |  |
|------|-----|-----------|---|------|---|--|
| 3/6  | Wed | 1200-1330 | Psychotic Disorders<br>Schizophrenia, Mood Disorders, Suicide                   | Deol | V : Ch 14-15  |  |
| 3/13 | Wed | 1200-1330 | Eating Disorders,<br>Disorders of Children                                      | Deol | V : Ch 18, 20<br>(ATI : Ch 18, 20, 23)  |  |
| 3/20 | Wed | 1200-1330 | Eating Disorders,<br>Disorders of Children                                      | Deol | V: Ch 18, 20  |  |
| 3/27 | Wed | 1200-1330 | <b>Quiz #4</b><br><br>Substance Abuse,<br>Abuse and Violence,<br>Grief and Loss | Deol | <b>Quiz #4:</b> Ch 14, 15, 18, 20 and ATI<br><br>V: Ch 11-12, 17<br>(ATI: Ch 25, 30, 31, 17, 24)        |  |
| 4/10 | Wed | 1200-1330 | Substance Abuse,<br>Abuse and Violence,<br>Grief and Loss                       | Deol | V: Ch 11-12, 17   |  |
| 4/17 | Wed | 1200-1330 | <b>12000: ATI-Mental Health Nursing</b>   | Deol | <b>Unproctored ATI (&gt;/=90%) due prior to taking proctored exam</b><br>ATI Mental Health Nursing Book |  |
| 4/24 | Wed | 1200-1330 | <b>Final</b><br><br><b>ATI optional retake</b>                                  | Deol | <b>Final:</b> Ch 11, 12, 17, 18, 20 and ATI   |  |

Required Books:

Videbeck, S. L. Psychiatric-Mental Health Nursing, 5<sup>th</sup> ed., (2011). Woters Kluwer/Lippincott, Williams & Wilkins  
ATI Mental Health Nursing Review Module, RN Edition 8.0.

In ( ), ATI reading will supplement Videbeck and help prepare for ATI test. Additional independent study will be needed to cover all ATI material prior to testing.

(11/29/12)

