Office Phone: 760-355-6225

Cell: 760-960-8773

Code: 20536

Instructor: Mike Palacio Jr. Email: <u>mikey.palacio@imperial.edu</u> Class Times: Spring 2012 Monday-Friday 5:45-7:50am

Course Description:

This course is designed to present advanced techniques in tennis skill and singles and doubles strategy as well as competitive experience and competition mental skills.

Student Learning Outcomes:

Upon successful completion of the course students should:

- 1. Perform with an increasing degree of proficiency the skills, footwork, and strategies of singles and doubles competition. (ILO1, ILO2, ILO3, ILO4)
- 2. Increase and Improve their physical conditioning for competitive tennis. (ILO1, ILO2, ILO3)

Evaluation:

Students will be evaluated on class attendance and participation—Including preseason and conference tennis matches and tournaments. Each student will be required to maintain a 10 hour workout schedule during the conference season. Each absence will affect your participation grade. Missed hours must be made up by the end of the semester.

Grading: 90% of hours A 80% of hours B 70% of hours C 60% of hours D

Dress Code:

Students must wear shorts or sweatpants to participate. Absolutely no jeans or long baggy shorts! Nonmarring tennis shoes are required. Street clothing and jewelry are not appropriate. If you are not dressed properly you will be marked absent for the day.

Locker use:

Lockers are self-chosen. Bring your own lock and chose a locker. Use the small lockers in the locker rooms for regular storage. Large lockers can be used during the class time hour.

NO FOOD OR SOFT DRINKS WILL BE ALLOWED ON THE TENNIS COURTS. You are encouraged to bring a water bottle to class.

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSPS) as soon as possible. DSPS, Room 2117, Health Sciences Building, (760) 355-6312.