# INTRODUCTION TO PSYCHOLOGY Spring 2013

**Course Title:** Introduction to Psychology

**Course Number:** Psychology 101

**Semester Units:** 3

**Instructor:** DianaMelissa N. Barrios

**Classroom:** Rm # 202 **Phone:** 760-693-7052

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**Required Text:** Meyers, David G. Exploring Psychology, 2009.

8th Edition, New York: Worth Publishers.

# **Course Description:**

This course is designed to introduce you to the main concepts and theories of psychology. This course surveys psychology as both a science and an applied discipline. Topics to be covered include research methods, physiological, developmental, states of consciousness, learning, emotions, stress and health, personality, abnormal and social psychology.

# **Course Objective:**

The objectives of this course are:

- 1. To critically think about and gain knowledge of the main theories and concepts of each sub-field of psychology.
- **2.** To leave this course with a basic understanding of psychology, not only in the academic sense, but also an understanding of the everyday or practical nature of psychology.

#### Course Format:

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual's projects and performance of quizzes and exams.

# **Course Requirements:**

Attendance and Class Participation. You are expected to attend class and stay for the whole period. Attendance will be taken by the instructor. Any student who misses the first class will be dropped. Students may be dropped at instructor discretion if they miss more than a week of class hours continuously but DO NOT count on the instructor dropping you. If you want to drop the class it is YOUR responsibility. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me before class to let me know. In addition, unless you have made prior arrangements with the instructor, leaving during the class period or while watching a movie

will be counted as an absence. **If you get up and leave during class, please do not return.** Coming in and out is disruptive to the other students as well as myself.

# **Projects/Thought Paper:**

There will be three (3) thought papers due at various times during the semester. These are essays of 1-2 pages, which will be based on articles regarding psychology and everyday life. **Late papers will not be accepted.** Further information regarding these thought papers will be given at a later date.

# **Quizzes:**

Five (5) random quizzes will be given during the semester. **No make-up quizzes will be given.** Each quiz will be worth 10 points.

#### **Exams:**

Fours (4) exams will be given. Exams will consist of multiple choice; fill in the blank, short answer and essay questions from the textbook, lectures, and videos. No make-up exams will be given unless you have called me **PRIOR** to the exam and let me know you will not be able to take the exam. **If you contact me prior to the exam, you will have one (1) week to make-up the exam.** Each exam will be worth 100 points. **Please make sure to bring a #2 pencil as well as a scantron to each examination. Also, no cell phones, texts, or emails should be answered during class or <b>EXAMINATIONS.** 

# **Student Learning Outcome Project:**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Conduct a search for appropriate psychological research articles using a number of data sources. (ILO4)
- 2. Write a paper on a psychological topic using appropriate research articles. (ILO1; ILO2; ILO3)
- 3. Compare and contrast in the written paper a psychological topic from a Western and non-Western perspective. (ILO1; ILO2; ILO5)

# **Grading System:**

90-100% = A	Exams	4@	100 pts. 400pts.
80-89% = B	Quizzes	5@	10 pts. 50pts.
70-79% = C	Projects	3@	25 pts. 75pts.
60-69% = D	SLO Project	1@	50 pts. 50pts.
0-59% = F	Participation		50 pts. 50pts.

TOTAL = 625 pts.

#### **Special Accommodation:**

Any student with a documented disability who may need educations accommodations should notify the instructor or the Disabled Student Programs and Services (DSPS&S) office as soon as possible. Visit or call DSP&S, Mel Wendrick Access Center, Room 211, (760) 355-6312.

# **Academic Dishonesty:**

IVC expects honesty and integrity from all students. Students caught cheating or attempting to cheat on quizzes, exams or assignments will be given an 0 for the assignment and will be sent to Disciplinary Officer Sergio Lopez. A second occurrence of cheating or plagiarism may result in dismissal from class and expulsion from IVC as outlined in the General Catalog.

# TENTATIVE COURSE SCHEDULE

DATE	TOPIC	READING AS	SSIGNMENT
January 14	Introduction to Class		
January 16	Thinking Critically with Psychological	Science	Chapter 1
January 21	MLK DAY		NO CLASS
January 23	Thinking Critically with Psychological	Science	Chapter 1
<b>January</b> 28 & 30	The Biology of the Mind		Chapter 1
February 4 & 6	Consciousness & The Two Track Mind		Chapter 3
February 11	Exam #1-Thought Paper #1 Due		EXAM 1
February 13	Nature, Nurture & Human Diversity		Chapter 4
February 18	PRESIDENTS DAY		NO CLASS
February 25	Nature, Nurture & Human Diversity		Chapter 4
February 27	The Developing Person		Chapter 5
March 4	The Developing Person		Chapter 5
<b>March</b> 6 & 11	Sensation and Perception		Chapter 6
March 13	Exam # 2 & Thought Paper #2 Due		EXAM 2
<b>March</b> 18 & 20	Learning		Chapter 7
<b>March</b> 25 & 27	Emotions, Stress, & Health		Chapter 11
April 1 &3	SPRING BREAK		NO CLASS
<b>April</b> 8 & 10	Personality		Chapter12
APRIL 15	Exam # 3 & Thought Paper #3 Due		EXAM 3
<b>April</b> 17 &22	Psychological Disorders		Chapter 13
<b>April</b> 24 & 29	Therapy		Chapter 14
<b>May</b> 1 & 6	Social Psychology		Chapter 15
May 8	FINAL EXAM		

This instructor reserves the right to make announced modifications to this course outline.