

ADVANCED BASEBALL
P.E. 140 Fall 2012

INSTRUCTOR: JIM MECATE	CLASS DAYS & TIMES: M&W, 1:30-3:30 PM
OFFICE: 705 (HOURS: M,W = 10-11:30AM; T,TH = 10-11AM)	
PHONE: 355-6341	REQUIRED TEXT: NONE
E-MAIL: jim.mecate@imperial.edu	CREDIT UNITS: 1

I. COURSE DESCRIPTION

This course is designed for those students of advanced ability in baseball skills who have an interest in playing competitive baseball at the college level. Instruction will cover the development of fundamental offensive and defensive skills with an emphasis on advanced techniques, strategies, physical training, and team preparation.

II. COURSE OBJECTIVES

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|---|--|
| 1. To understand the college game of baseball | 4. To develop college level defensive skills |
| 2. To develop college level competitiveness | 5. To develop college level pitching skills |
| 3. To develop college level offensive skills | 6. To prepare students to play on a college team |

III. STUDENT LEARNING OUTCOMES

1. Identify appropriate offensive baseball principles
2. Identify appropriate defensive baseball principles

IV. COURSE OUTLINE Monday

Week 1	
Week 2 9/17	Def. Eval., D-Skills, Pre-game
Week 3 9/24	Intrasquad
Week 4 10/1	Intrasquad
Week 5 10/8	Intrasquad
Week 6 10/15	Intrasquad
Week 7 10/22	Intrasquad
Week 8 10/29	Intrasquad
Week 9 11/5	Intrasquad
Week 10 11/12	Holiday

Wednesday

9/12	Def. Eval., D-Skills, Pre-game
9/19	Off. Eval., Hit. Mech., Tee
9/26	Intrasquad
10/3	Intrasquad
10/10	Intrasquad
10/17	Intrasquad
10/24	Intrasquad
10/31	Intrasquad
11/7	Intrasquad
11/14	Final Exam

V. MATERIALS NEEDED

- | | |
|--------------------|-------------------------------|
| 1. Baseball Glove | 3. Baseball Practice Clothing |
| 2. Baseball Cleats | 4. Baseball Cup |

VI. GRADING

A. The final grade will be based on total points accumulated as follows:

1. Participation = 90 points
2. Final Exam = 10 points
100 points

B. Grading Scale 100 - 90% = A
 89 - 80% = B
 79 - 70% = C
 69 - 60% = D

VII. ATTENDANCE POLICY

1. No more than two absences permitted. A third absence will cause you to be dropped from the class.
2. Three tardies will be equivalent to one absence.

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible: DSP&S, Room 2117, Health Sciences Building (760) 355-6312

